RLI Kickstart Your Career Workshop

Perspective from an Academic Body Imager

Linda C. Chu, MD Associate Professor of Radiology Johns Hopkins University





Disclosures

- Research grant support:
 - Lustgarten Foundation
 - Emerson Collective



Learning Objectives/Key Take-Away Points

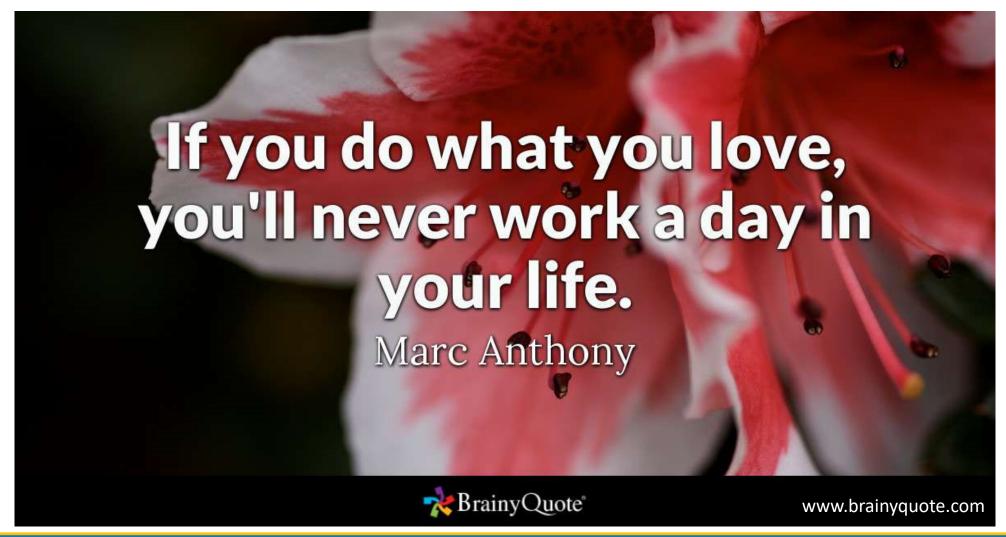
- Making a career choice
- Life of an academic radiologist



Making a Career Choice

- Ask yourself some questions:
 - What do you value?
 - What are you passionate about?
 - What are your career goals?
 - What makes you happy?











DO WHAT YOU LOVE
AND YOU'LL NEVER
WORK A BAY IN YOUR
LIFE WORK SUPER HARD
ALL THE TIME WITH NO
SEPARATION OR ANY
BOUNDARIES AND ALSO
TAKE EVERYTHING
EXTREMELY PERSONALLY

@adamjk



Medscape

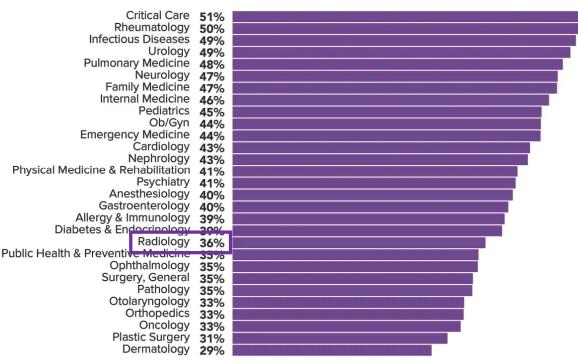
'DEATH BY 1000 CUTS'

2021
PHYSICIAN
BURNOUT &
SUICIDE REPORT



Which Physicians Are Most Burned Out?

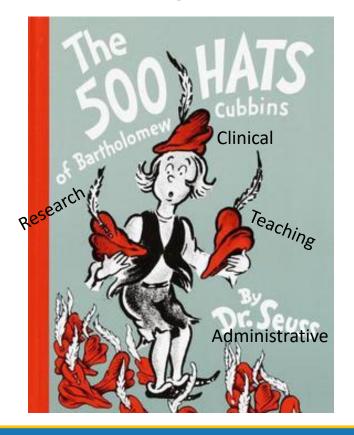




www.medscape.com



Life of an Academic Radiologist





Clinical Day as a Body Imager

- Attend on CT, MR, US, and biopsy service
- Paired with residents/fellows on clinical service
- Daily awesome cases at a tertiary care center
- Lifelong learning from colleagues with different domain expertise
- Collaborate with other clinicians on Tumor Boards and Multidisciplinary Conferences



Teaching

- Learners:
 - Medical students
 - Residents
 - Fellows

- Venues :
 - Didactic lectures
 - Case-based review
 - One-on-one learning at the workstation
 - Curriculum development
 - CME courses





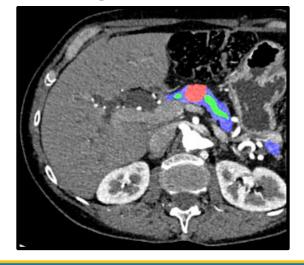
Cutting Edge Research

 Opportunity to collaborate with other clinicians and basic science researchers to perform cutting edge research

• My research is focused on radiomics and deep learning of the

pancreas







Academic Radiology





Work Life Balance





My Second Job







Trade Off



Private Practice



Academics



Take Home Message

- Think about your values and priorities in life
- Choose a career that makes you happy

